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Registered Charity No: 1102474 Registered Company No: 5047081

Uganda Update – Spring 2013



Partnering with the future of Others

Dear Friends.

Thank you! Your generous support for the children in Kabubbu enabled them to have a fantastic day they will never, ever forget! Our Christmas appeal this year sparked your imagination. You donated more than we have ever received from any other Christmas promotion whether for Christmas dinners, mosquito nets to save lives or tools to improve livelihoods. These pictures show some of the fun they had and more details can be found under 'Partnering with the future of Kabubbu Schools'.

We wondered why this appeal had been so successful. Then Geraldine remembered seeing people in our local supermarket putting a token (given to customers after paying their bill) into one of three boxes provided to support a local charity. One charity was refurbishing an entertainment facility, another supporting a project for the blind and the third providing a hot lunch weekly for an elderly club. *"The box with the most tokens in it was in support of the entertainment project. I wondered if QT needed to inject some laughter or entertainment value, like Comic Relief, into our appeals. Maybe this can help make the truth about poverty in Africa more palatable!"*

Change - QT started in a spare bedroom in 2000, moved to a converted double garage alongside the home of Geoff and Geraldine from 2005 until the end of 2012 when it moved into **West End, Herstmonceux, BN27 4NH** but with the same phone number: 01323 832361 and postal address: PO Box 113, Hailsham, BN27 4US.

QT is on the ground floor. The 1st floor (1,250 sq' with its own entrance, toilets & kitchen + four offices and a large central area) could generate an income for the charity.



Flying high at Wonder World



Father Christmas visits Nursery School children



Presents for Primary pupils



Beef & chicken for Christmas lunch for the needy

Needed – Entrepreneurs/organisers with time or money-making ideas for our 1st floor.

Needed – Supporters and friends to make/drink tea/coffee and bake/eat cakes at a QT monthly coffee morning. Always on a Thursday, dates are 18th April, 23rd May, 27th June, 12th September and 3rd October at 10.30am – 12.00pm in our office. This event will:

- provide an opportunity to introduce QT to a relative, colleague, church friend
- make a time for sponsors to deliver your gift envelope for your child/elderly
- enable supporters to catch up on QT news, ask questions or view a DVD

Needed - Volunteers to host coffee mornings and make coffee – and maybe some cakes!

Change - Geoff and Geraldine are now both pensioners and new challenges emerge as they try to reduce their full time volunteer roles and instead create new volunteer roles for others. QT doesn't really want to employ more staff because extra staff = more wages = less money for the needs in Uganda.

We thought recruiting volunteers or Interns might solve the QT problem of too much admin work and not enough staff. However policy and governance requirements for charities have escalated so we sought advice from our Trustee/Accountant. Geoff then spent several days (of time he didn't have to spare) to read the legislation and turn it into policy documents suitable for volunteers or Interns. This extra admin doesn't generate extra funds. Unlike a money-making business, QT funds its four part-time staff from the HMRC Gift Aid reclaim. QT could generate more funds by marketing and advertising, but we have never used your donations to generate funds this way and we have no dedicated fund for this. Sometimes when we look at the Charity Commission website we are surprised to note how much other charities spend on marketing. Recently we noted that a charity raised £25,000,000 and spent £1,000,000+ just on marketing.

Needed - reliable, passionate, self-motivated volunteers with spare time and initiative. We need skills in literature design/layout; advanced technical skills for computers & equipment; representing QT at networking events & exhibitions; fund raisers for Chari-Tea Parties; Marathon runners; organisers for QT events; someone to follow up telephone contacts & general computer work. And a family to accommodate Dan age 16 (from Uganda) for half term, May 24th - June 2nd and for an Exeat weekend 3rd - 5th May.

Change – We thank Metaltech for successfully organising the “Bike Ride for Uganda” for the last two years. In 2012 as a result of their support they raised £6,814 for a water project at Trust High School. After 12 years it has become difficult to find volunteers to pedal for each 1 hour slot to raise funds and so this event has now ended. Since 2001 it has raised a phenomenal sum of £160,000+. Metaltech are now funding a Scholarship for two students in further education. Thank you.

Needed - new ideas for fundraising and those willing to organise these events.

Change - after 12 years the QT partnership support with British Airways is ending. QT has been one of BA's longest standing partners. Now with the recession, a recent partnership link with Comic Relief and new smaller charities needing support they have decided to reduce their charity support from 120 charities (2 years ago) to 25 now. Thank you BA for your generous support over the past 12 years. We have greatly valued it.

Needed - other companies like BA, Metaltech, GRAZE and committed schools like Bede's

Senior School and Burgess Hill School for Girls (both supporting events and projects in Kabubbu) and pupils from six Eastbourne primary schools fundraising for a tractor.

Partnering with the future of the Orphans

In 2001 an 'orphan' in Kabubbu was defined as a child who had no parents or with one surviving parent who was unable to support that child. Orphans were then given the highest priority for sponsored education. Now for the first time in 10+ years we can report that we have no new orphans in the 450+ homes in Kabubbu, only destitute children. How did we achieve this? By prolonging the lives of mothers with measures like:

- the provision of anti retroviral drugs for HIV/AIDS mothers
- improved antenatal and delivery, and post natal care
- extensive health education on malaria, typhoid and other health risks

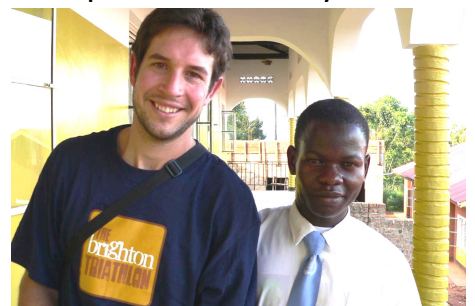
So, can orphans succeed? Can they change despite their trauma? Enoch sent this story:

Geoffrey has a blurred image of his father who died when he was probably 4 years old. He has no picture of his mum - he doesn't remember ever seeing her - and is unsure if she is alive or dead. From a very young age he started living with one relative after another. He wasn't able to go to school when he was 5 because it was his job to scare the monkeys away from the crops in the garden of the grandfather with whom he then lived.

In 2000 when he was around 10 years old he was given a chance to start in the first class of primary school. He had to move home and he went to live with a great uncle escaping the boredom of chasing monkeys all day.

In 2002 the Kabubbu Community Primary School opened and Geoffrey was one of the first 60 orphans to start school. Life wasn't easy at great uncle's home as he was always given much harder chores than the other children living there; but he was advised to endure it so he could go to school. Because of the hardships he had experienced he is not an easy character and some times he was rough with his other kids. One day two girls in his class said they were going to leave school because Geoffrey had threatened to cut them up one day. They had actually not harmed Geoffrey as they were both reserved quiet girls, but they and their guardians were scared of him. He was counselled and he then stopped intimidating the girls.

In his final year in primary school the great uncle with whom he had lived for 7 or 8 years grew tired of him and threw him out. He went to his other grandfather's home about 6kms from school. Life was even harder as this grandfather expected Geoffrey to walk the 6kms to school and back each day and still do chores. Grandfather was an alcoholic and when he came home would send the kids scampering. He taunted Geoffrey and told him that his father's grave in Kabubbu was his home. However Geoffrey was encouraged by his Sponsor to study and finish school despite his very difficult circumstances. At the end of primary education he was moved to live in the KDP's foster home near his secondary school. For Geoffrey this was a



relief because by now he was living in an uncle's two room house that was crammed with so many children. The foster home gave him a sense of being loved and appreciated.

Today he has been able to finish 'A' levels and wants to be a teacher. His behaviour has changed; he's now the one in the foster home that's the most willing to help the foster Mum with chores. Geoffrey thinks he might now be 25 years old and has grown into a responsible young man. He now visits all the relatives that disowned him when he needed them most. They seem happy to see him, but he is never sure if they mean it.

We now have 24 small children who started school in February and need a sponsor.

Partnering with the future of Kabubbu Schools

Christmas Outings

So what did the children do as a result of your Christmas gifts? They escaped from their usual routine of fetching water and sweeping the compound before walking to school. They were able to leave the village, some for the first time, and just play! The small children from Nursery 1 to Primary 2 went by coach to a resort centre near town where they had a party enjoying food, drinks, cake, games and music before Father Christmas made a surprise visit.



Children from Primary 3 to 7 went to the only theme park in Uganda, Wonder World. They enjoyed bumper cars, fair ground rides and games. But swimming and waterslides were by far the favourite activity despite the fact that most of them can't swim! They chose their meal and drink - chicken & chips - escaping the daily maize flour and water!



Students in Secondary 1 & 2 went to a shopping mall in Kampala to enjoy 10 Pin Bowling. This was new to them. Some were hesitant but after being coaxed they enjoyed it so much they asked for a second game. Then the boys saw Pool tables – an extra attraction! Finally the great day ended with chicken, chips, and soda.

Students from Secondary 3 to 6 decided a democratic process was needed to determine their choice of outing. The vote went in favour of a day out at the beach on Lake Victoria. They enjoyed a full day of music, swimming in the lake and a buffet lunch served in a beachfront restaurant.

Primary School

Congratulations to Stanley and his team for the improvement in exam results. For the first time all the QT sponsored students achieved a Grade 1-3 pass. In order to push levels even higher the KDP has recently re-structured the school and replaced 4 teachers.

Secondary School

The GCSE results ensured that 11 out of 27 sponsored students will now go on to take 'A' levels. In most cultures children build on the success of their parents or previous generations. In Kabubbu most parents and guardians didn't complete primary education

so for their children to get GCSE is amazing. Overall the results showed 10 out of 85 students (sponsored and non-sponsored) achieved a Grade 1 pass.

Partnering with the future of Adult Literacy



No dancing – no celebration!



No drums – no celebration!



Lydia's award for Bravery

The annual Award Ceremony is a great community celebration. It was introduced to acknowledge those who showed responsibility and to improve standards and award success.

This department is thriving and the statistics illustrate this. 154 trainees enrolled in the GRAZE School of Farming; 215kg of beans were recently harvested; 6 sows produced 51 piglets between them and everywhere you look you see pineapples! We now have 10,000 pineapple plants!

Solomon – Young Farmer of the Year



During the Award Ceremony the £10,000 extension to the Maternity Ward of the Health Centre funded and built by Burgess Hill School for Girls was opened by Hon Rosemary Sseninde MP along with Hugh Moffatt, Director of the British Council, Uganda who remarked that the QT/Kabubbu link is one of the finest examples of communities in the UK and Uganda working together.



Partnering with the future of Primary Healthcare

In November, two ladies from Kabubbu visited the UK under the title “Transforming a Community”. They highlighted the transformation of Kabubbu including women’s issues, domestic abuse, health and birth control (all in a new 20 minute QT DVD – send £3 for p&p). Worldwide, girls who complete education limit the size of their family. Is this so in Kabubbu? In 2001 when we visited women in their homes we found many had no idea that they could limit the size of their family. Some believed birth control was abortion, some believed it led to infertility and others had concerns about side effects.

In the 2005 survey when we asked questions on who used birth control 59% were too embarrassed to answer. But by the 2010 survey their awareness had grown and 68% responded. By 2010 31% understood that it also helped women to plan the spacing between their children. In the past twelve months the number using birth control has escalated from 20% to 65%! Some husbands are beginning to accept it as well.

Without your unexpected gifts we would never be able to relieve pain or save lives. Fiona aged 14 is an orphan and lives in KDP foster care. When we first met her she was living

with an alcoholic grandfather who died soon after. Recently Fiona was in great pain and thought to have appendicitis. This was later diagnosed as a cyst on her ovary. Having an operation in Uganda is scary! Many fear the hospitals - and for good reasons - because while you are awaiting an operation others with money bribe their way to jump the queue. Some die while they wait and survival rates from operations are not too good. Out of the blue an unexpected gift enabled Fiona to have her op and be pain free.

In the last Newsletter we wrote about 18 patients who needed further tests to confirm if they had cervical cancer. As a result of this feature a donor rang to say she had recently had a similar test in the UK that proved positive and without this test and treatment she might have developed cervical cancer. In gratitude that her health and life were spared, she decided to donate £400 to ensure the 18 women in Kabubbu could be correctly diagnosed and treated. Thank you for this amazing gift of life.



Staff of the Ugandan Maternal Hub often take UK visitors to The Kabubbu Parish Health Centre - a rare example of a well organised health facility with good practice and quality drugs. Worth showing off to those with influence! Recently staff from the Tropical Health Education Trust came to learn how their funds are saving mothers' lives and lunched with Nurse Susan at the Resort Centre.

Partnering with the future of Welfare and the future of the Church

In the households where we extensively work we carried out research on daily life, developments, health, education and so on in 2005 and 2010. In the 2010 survey we asked householders "What services have you benefitted from?" The head of each household recorded one thing (of many) that had been of benefit to them. The answers they gave are listed below. Now imagine you lacked most of the items. Then imagine these items were now appearing in your community. Which do you think the residents of Kabubbu most value. (*Kabubbu answers are on the next page – no peeking!*)

Ambulance (saving lives in emergencies)
Bed and bedding (most families had no bed)
Being provided with a house (shelter)
Care for the disabled
Child Sponsorship for education
Clean water within 300 yards of home
Clothes and shoes
Elderly Care (Adopt a Granny)

Electricity in the village
Employment
Food (regular)
Furniture
Health Centre and Services
Livestock provided
Mosquito nets
Sanitation (toilet)
Transport (bike)

In 2010: 381 out of 387 families reported that Quicken Trust had benefitted their family. That's 98% of the village who recognise that life has improved!

In 2005: 136 homes were made of mud and bamboo, but by 2010 this had dropped to 68. That's a 50% improvement in homes and living conditions.

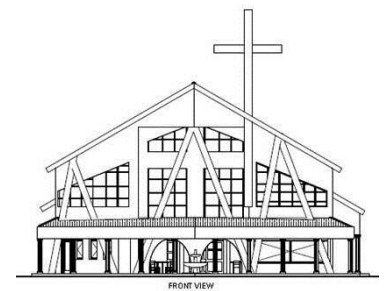
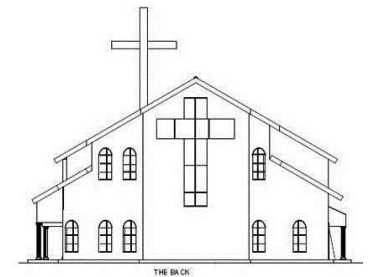
In 2010: 109 families recorded that *they* had built a house with the money *they had generated* through work, that's 31%.

Changing hearts, minds and attitudes is a slower process! However change is coming. When asked, "If you had only 1 child do you believe it more important to have a girl or a boy?" now only 51% state a preference for a son, a big reduction and gender shift!

Our final need is for £150,000 for the 'Jewel in the Crown' in the heart of the Kabubbu trading centre to complete the community development - a Community Centre - providing additional resources for the people of Kabubbu.

A visible and safe place in the heart of Kabubbu where:

- the Community Church will bring worship and teaching for all ages in the centre of the village
- abused children and women victims, perpetrators and community members can learn about the effects of abuse
- community clubs can hold their own meetings
- educational seminars and workshops take place
- family friendly film entertainment takes place
- the youth can meet, play Pool in a drug and gambling free environment
- marriages can be blessed, family life & parenting strengthened and so much more!



***We have the vision; we have the land in the village centre;
we have some finances but we live in trust for the complete funds.***

Partnering with the future of the Resort & Conference Centre

Some people tell us, "The Kabubbu Resort Centre looks so lovely, the children always look so happy. I would love to visit but it would upset me to see people in need."

Yes, it is a beautiful place! Yes, the children appear to have joy - maybe because their expectations of life are less than ours, or maybe because they don't know what we have and therefore don't know what they are 'missing'.

However a volunteer can't avoid the uncomfortable feelings of helplessness they might feel when they come face to face with those in destitute homes. But the pleasure you receive when you visit and give love to someone - along with a small bar of soap or items from the '£ Shop' - far exceeds anything you can imagine. And relationships matter!

So – how did you do?

The residents of Kabubbu placed the items in the following order:

- | | |
|---|-----------------------------------|
| 1. Clean water within 300 yards of home | 9. Employment |
| 2. Health Centre and Services | 10. Transport (bike) |
| 3. Child Sponsorship for education | 11. Elderly Care (Adopt a Granny) |
| 4. Electricity in the village | 12. Food (regular) |
| 5. Ambulance (saving lives in emergencies) | 13. Clothes and shoes |
| 6. Being provided with a house (shelter) | 14. Sanitation (toilet) |
| 7. Bed and bedding (most families had no bed) | 15. Furniture |
| 8. Mosquito nets | 16. Livestock provided |
| | 17. Care for the disabled |

And now for something completely different!

PROBABLY THE MOST SIMPLE, FRIENDLY & FUN WAY YOU CAN HELP RAISE FUNDS

You host a **Chari-Tea Party** for 6 friends who each donate £5 to Quicken Trust. You encourage each of them to host a **Chari-Tea Party** for 5 friends who also each donate £5. Each of those 5 friends hosts a **Chari-Tea Party** for 4 friends who each donate £5. Each of the 4 friends do the same for 3 friends who each donate £5. Each of those 3 do the same with 2 friends who each donate £5, they each do the same with 1 friend. If anyone hosts a **Chari-Tea Party** for more friends than in this example the results can be even greater! **So, you invite 6 friends**

1 person (you) invites 6 friends =	6 friends donate £5 = £	30
6 friends each invite 5 friends =	30 friends donate £5 = £	150
30 friends each invite 4 friends =	120 friends donate £5 = £	600
120 friends each invite 3 friends =	360 friends donate £5 =	£1,800
360 friends each invite 2 friends =	720 friends donate £5 =	£3,600
720 friends each invite 1 friend =	720 friends donate £5 =	£3,600

Total from you hosting a small Chari-Tea Party = £9,780

Just think how much more could be raised with more friends!

Now – if you can invite 12 friends, maybe show a short QT DVD, sell some homemade cakes & biscuits, Kabubbu crafts and cards, raffle a bottle of wine or chocolates (from your ‘reserves’ cupboard) – you might even raise £250! That’s about the average for a **Chari-Tea Party** but **don’t worry – you don’t have to raise any minimum amount – ‘cos every little helps!** For full details and support items visit www.quickentrust.com or phone 01323 832361 and speak to Gillian.



With thanks for all you do, Geoff & Geraldine Booker

DATES FOR YOUR DIARY

Travel planning meetings in 2013 are Sunday May 12th and Sunday September 8th from 3.00pm – 6.00pm in East Sussex

LAST DATES FOR GIFT ENVELOPES

for children or elderly are June 21st and then October 3rd

With 500 envelopes for children it’s not always easy for us to identify your child. Please ensure **all envelopes sent to the QT office include the full KAB or ELD reference number, and the name in large black BLOCK CAPITALS on the outside of the package**

To keep luggage transported by air to a minimum we can organise for items like bikes, clothes, shoes and so on to be purchased in the village. This has the advantage of reducing the amount we have to carry and provides a local income. Also, money donated against a signed Gift Aid Form attracts a further 25 pence for every £1 given for the charity to use.

Gift Aid Donations

We are grateful to many of you who sign a Gift Aid form. This enables QT to reclaim, from the taxman, 25p for every £1 donated. The person making the donation must have paid income tax or capital gains tax in the relevant tax year equal to, or greater than, the amount that the Trust will reclaim. We guarantee 100% of the donation you make to Quicken Trust will be used in full in Kabubbu. Any tax reclaimed may be used to help fund the admin work of Quicken Trust. Please ask if you would like us to send you a Gift Aid form – just phone 01323 832361.